



## Arts & Heritage Charity

## 2023 Annual Report

FOR THE FINANCIAL YEAR  
ENDED 30 Nov 2023

The Very Quiet Studio Limited

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# About Us

## Arts & Heritage Charity

### Mission

To promote better minds, reflections and learning conditions, for personal and social well being, through preservations and active re-discovery of higher truths, asian heritage, spiritual treasures.

The Very Quiet Studio Limited is now an Arts & Heritage charity organization in 2017 in the following objectives:

- Objectives**
  - a) To promote the Asian Heritage
  - b) To encourage Mental Health Fitness
  - c) To educate on physical and mental health literacy
  - d) To produce arts, culture and heritage related films or plays.

### Methods/Activities

#### Influence through Art

To produce creative projects through the use of cinematic works and soundtracks with international artists.

To produce, direct, write, organise other audio or stage or visual production in suitable genres or medium or new platforms.

To build our mental capabilities and use our minds as a resource to stay fit and sound.

#### Empowerment through Advocacy

To encourage Mental Health Fitness for the aging and aged, both locally and internationally.

To inspire through organising forums, varying art genres and educational works, for continuous self-awakening and development.

To introduce innovative products that empower the independence of seniors in their daily living.

#### Awareness through Education

To produce publications on Buddhism Dharma and secular books.

To educate on physical and mental health literacy through the use of arts, new media or applications, and research.

To develop short-term programmes which bring change to create better life attitudes and practices.

# Overview of Charity

## Summary

The Very Quiet Studio Ltd is a Singapore Arts, Culture & Heritage Charity with a mission to promote better minds, reflections and learning conditions, for personal and social well being, through preservations and active re-discovery of higher truths, asian heritage, spiritual treasures. Since 2007 it has been evolving through short films, performing arts (piano, dance & music, choir 2020), collaborative exhibitions on local works, forums to discuss on acquiring wisdom as we age, original books publishing and creating its own media genre Sound Sañña a work on Asian stories through cinematic sound choreography.

The Very Quiet Studio Limited (“TVQS”) was incorporated as a company limited by guarantee] in 16/11/2016.

TVQS was registered as a charity under the Charities Act (Chapter 37) since 12/12/2017.

TVQS has M&AA as its governing instrument.

TVQS is a charity with gross annual receipts or total expenditure of not more than \$50,000.

**Unique Registration Number (UEN):**

201631481G

**Registered Address:**

36 Robinson Road #14-03  
City House Singapore 068877

**Auditor:**

TJ Assurance Partners PAC

**Bankers**

Singapore

OCBC 687 867 457 001 (CMF)

OCBC 596 278 663 001

**Email:**

theveryquietstudio@gmail.com

**Website**

<https://theveryquietstudio.asia>

# Leadership

## Council

Governing Board:			
Name	Current Charity Board Appointment	Occupation	Past Charity Board Appointments
Ng Wei Chin	Founder, Board Director, Secretary 29 Dec 2016	Exe Director TVQS; Director of Light Carriage Productions	Board Member 16 Nov 2016
Leong Lai San	Board Director & Treasurer 28 May 2021	Business Consultant	
Dr. Sri Ghanavenothan Retnam	Board Director 1 June 2020	Bhaskar's Arts Academy Music Director	
Wong Chin Ye Elizabeth		IT Manager	Board Member 16 Nov 2016

# Highlights of the Year

## 2023 Online and offline Works



5EM wins monthly Tagore International Film Festival under Religion Film category.



TVQS participated and wcb Best Film on Religion award at Sweden Academy of Motion Picture Awards for 2023.



TVQS was awarded Sayang Sayang fund by Community Fund of Singapore. We conducted 2'a cfY workshops from AUnic' Bcj 202' . CAMRE is an initiative to introduce meditation with arts and movement for mental resilience.

## Summary Financial Performance

- Total Income: \$ 46992
- Total Expenditure: \$ 37654
- CAMRE workshops continued in May-Nov 2023. Sayang Sayang Fund and private donors supported the workshop.

## Grants & Collaborators

- Cultural Matching Fund recipient for 202' with (\$&' ) ) \$ matched.
- Triple One Properties continue in support of TVQS CAMRE
- Various Donors from the public.



# Our Work: Programmes and Activities

**Productions:** <https://www.youtube.com/c/TheVeryQuietStudio>

## Productions :



Documentary film Production work was TVQSL 1st Project mandate in 2007. It began when Buddhist Library Singapore engaged and commissioned Director Ng Wei Chin to make donors a simple presentation on their Asia 2004 Tsunami Rebuilding Sri Lanka Hambantota Charity Work. (<https://youtu.be/MqiQD3hTX0E>) It took about 1 year from 2006, that the final cut was presented and distributed to donors who supported in the aid. Since then, later film production works continued with meditation related talks and dhamma propagation video. Despite local organizations lacking in support and understanding to media & creativity, TVQS continued in the background work for more than 14 years since 2005.



TVQSL intends to utilize creative production for educational works such as Health Literacy, and Light a Little Light programs. Asian Chinese Language is the doorway to the unknown treasures of cultural wisdom, rich philosophies and moral attitudes, experienced and practiced by Chinese ancestors, documented in concise and vivid words. Singapore used to have a strong foundation in bilingualism with proficiency in Mandarin while maintaining English as our working language. The Asian heritage can be further shared with non-native and non-Chinese who may become future experts of our neglected and misunderstood mother tongue.



TVQS Channel has more than 33.5K subscribers as of 25 May 2023. The channel is monetized via Youtube from 4 May 2019. It has over 11 Million youtube views, and over 50 million views worldwide on other platforms. In 2021 Oct 16-18 TVQS participated at Parliament of World Religions presenting Five Elements Movement. The work completed in late Feb 2022 and is put on Vimeo.





Five Elements Movement was premiered at the 8th Parliament of World Religions



Sweden Academy of Motion Picture Award



Year	Productions	Sponsors	Copyright
2022	CAMRE workshop promotional video <a href="https://youtu.be/yNZ8KuTJpKY">https://youtu.be/yNZ8KuTJpKY</a>	Sayang Sayang Fund	TVQS
2021	Five Elements Movement 44min on Vimeo trailer <a href="https://youtu.be/a3cTB97NtfU">https://youtu.be/a3cTB97NtfU</a>	BF/ TOP/ Public donors/ Harmony Fund / CMF	TVQS
2020	《点灯小时间》 <a href="https://youtu.be/MbQtYINnTIU">https://youtu.be/MbQtYINnTIU</a>	NAC Digital Performance Grant & TOP	
2020	A tribute to Singapore Healthcare Workers during Covid19 <a href="https://youtu.be/mshtSWmfJDA">https://youtu.be/mshtSWmfJDA</a>	Self funded	TVQS
2020	禅学 第二集：在家里如何禅修？ <a href="https://youtu.be/XM-PAAbocEIE">https://youtu.be/XM-PAAbocEIE</a>	Public Donations	TVQS/NWC
2020	禅学 第一集：禅学是心灵卫生的泉源 <a href="https://youtu.be/6hzYKk02A-w">https://youtu.be/6hzYKk02A-w</a>	Public Donations	TVQS/NWC
2019	知北游 <a href="https://youtu.be/bYv8yLcVaWo">https://youtu.be/bYv8yLcVaWo</a>	Self funded	TVQS
2015	Older But Wiser In-house productions		
-2019	forums recording (see older but wiser)	(see older but wiser)	TVQS
2015	Health Literacy "Glaucoma" prototype 医学常识青光眼 (样板) <a href="https://youtu.be/RH6QNyDVdWs">https://youtu.be/RH6QNyDVdWs</a>	Self Funded	TVQS
2014	Taiwan Luminary Light Video Work for "Mindfulness for Creativity" Conference. 台湾香光寺《转念。创意》国际研讨会	Commissioned	Luminary Light
2012	Taiwan Organization Special Interview and documentation	Commissioned	TEK





# Our Work: Programmes and Activities

**Older But Wiser:** <https://www.theveryquietstudio.asia/older-but-wiser>



## Old But Wiser



“Old But Wiser” or “老人悟” started in 2013, before the announcement of Singapore Pioneer Generation Card privileges. It held its first English forum “Elderly happiness and dignity” in 2014 Jan at NLB with a 3 week Film Photo exhibition on Singapore Street Elderly. The exhibition expanded in 2015 Dec with art painters joining with their expression on the theme at Fortcanning Foothills, Nila and Utama Galeri, and held a 3rd exhibition cum workshop at TTSH atrium in Feb 2015.



Chinese Forum 《老不沉重》 June 2015 and 《老不得空》 Feb 2017 received affirmative support and recognition by the local Chinese speaking audience. OBW guest performer Mdm Elaine Wu 巫漪丽 piano concerto on 《梁祝》 won international fame and recognition, and The Very Quiet Studio Limited was mentioned by local Channel 8 interview and international CCTV-1& CCTV-3. We explored further collaboration with younger generation in English Forum “Space for our mental well being” Feb 2015 through indian dance re-expression with St Anthony Canossian Convent. March 2018 we created a new work Indian Raga Music & dance “Four Elements Movement” and debut at TTSH atrium well received by caregivers, patients, staff and passerby.



In 2019 October, we held two interfaith forums on World Mental Health Day. Our Guest of honor was Senior Minister of State for MCCY & MCI, Ms Sim Ann.





Activity/ Events

Activity/ Events	Venue	Sponsor
<b>2022 May - 2023 Nov</b> Connecting Arts & Mental resilience Exploration CAMRE Workshop <a href="https://youtu.be/yNZ8KuTJpKY">https://youtu.be/yNZ8KuTJpKY</a>	Basic Studio @ The Commerze 38	Sayang Sayang Fund/ CFS Triple One Properties
<b>2019 Oct</b> Older but Wiser “Grief- Separation” English Interfaith Forum 4 <a href="https://www.youtube.com/playlist?list=PLHLn9bkDuHpxOSNxptCr1X1RMGSnJidGn">https://www.youtube.com/playlist?list=PLHLn9bkDuHpxOSNxptCr1X1RMGSnJidGn</a> <a href="https://www.facebook.com/pg/OlderbutwiserMind/photos/?tab=album&amp;album_id=2634026736620143">https://www.facebook.com/pg/OlderbutwiserMind/photos/?tab=album&amp;album_id=2634026736620143</a>	NKF HQ >500	MCCY Harmony Fund/ NKF/ Cultural Matching Fund/ Triple One Properties
<b>2019 Oct</b> Older but Wiser “A Smooth Departure” English interfaith Forum 3 <a href="https://www.youtube.com/playlist?list=PLHLn9bkDuHpwckRvsrooqzFIqkKzcDfBm">https://www.youtube.com/playlist?list=PLHLn9bkDuHpwckRvsrooqzFIqkKzcDfBm</a> <a href="https://www.facebook.com/pg/OlderbutwiserMind/photos/?tab=album&amp;album_id=2632406476782169">https://www.facebook.com/pg/OlderbutwiserMind/photos/?tab=album&amp;album_id=2632406476782169</a>	NKF HQ >500	Triple One Properties TOP/ Tan Ean Kiam Foundation/ Public
<b>2019 June</b> International Conference for Cohesive Societies ICCS presenting “Wind Element” from “Four Elements Movement” <a href="https://youtu.be/QNIj_Toha8Y">https://youtu.be/QNIj_Toha8Y</a> <a href="https://www.facebook.com/pg/OlderbutwiserMind/photos/?tab=album&amp;album_id=2401428689879950">https://www.facebook.com/pg/OlderbutwiserMind/photos/?tab=album&amp;album_id=2401428689879950</a>	Raffles City Ballrooms >7000	MCCY/RSIS

OBW	Activities/Events	Venue	Attendance	Sponsor
2018 Dec	“Four Elements Movement” at Singapore General Hospital	SGH 中央医 院	> 100	
	<a href="https://www.theveryquietstudio.asia/re-expressions">https://www.theveryquietstudio.asia/re-expressions</a> <a href="https://www.facebook.com/pg/OlderbutwiserMind/photos/?tab=album&amp;album_id=2105796219443200">https://www.facebook.com/pg/OlderbutwiserMind/photos/?tab=album&amp;album_id=2105796219443200</a>			Triple One Properties TOP /Tan Ean Kiam Foundation / NAC/Artsfund/ Bengawan Solo /Angel Donor/NKF
2018 Oct	老人悟《老不成荫》华语座谈会 3	NKF HQ	>300	
	<a href="https://www.youtube.com/playlist?list=PLHLn9bkDuHpwg3vJbsjVmhf5OPn_fW7Kt">https://www.youtube.com/playlist?list=PLHLn9bkDuHpwg3vJbsjVmhf5OPn_fW7Kt</a> <a href="https://www.facebook.com/pg/OlderbutwiserMind/photos/?tab=album&amp;album_id=2105739389448883">https://www.facebook.com/pg/OlderbutwiserMind/photos/?tab=album&amp;album_id=2105739389448883</a>			
2018 Mar	Original works “Four Elements Movement” debut at Tan Tock Seng Hospital	TTSH 陈笃生医院	>1000	
	<a href="https://youtu.be/tldnlfZTuh8">https://youtu.be/tldnlfZTuh8</a> <a href="https://www.theveryquietstudio.asia/fourelementsmovement">https://www.theveryquietstudio.asia/fourelementsmovement</a>			
2017	老人悟《老不得空》华语座谈会 -巫漪丽 “梁祝”钢琴曲演奏风靡中国	NKF HQ	>45 million	
	<a href="https://youtu.be/c4YzLPXyV6w">https://youtu.be/c4YzLPXyV6w</a> <a href="https://v.qq.com/x/page/o0384qeeaj8.html">https://v.qq.com/x/page/o0384qeeaj8.html</a>			Triple One Properties Pte Ltd TOP/ NKF Tan Ean Kiam Foundation / NAC/ Artsfund/ Piano Master
2017 Feb	Older but Wiser Photography & Paintings 3rd Exhibition at TTSH	TTSH 陈笃生医院	>1000	
	<a href="https://www.facebook.com/pg/OlderbutwiserMind/photos/?tab=album&amp;album_id=1353189101370586">https://www.facebook.com/pg/OlderbutwiserMind/photos/?tab=album&amp;album_id=1353189101370586</a> <a href="https://www.theveryquietstudio.asia/publications">https://www.theveryquietstudio.asia/publications</a>			
2017 Feb	Older but Wiser “Space of our Mental Well Being” English Forum 2	NKF HQ	<40	
	<a href="https://www.youtube.com/playlist?list=PLHLn9bkDuHpzNbc_9ruLjGqwQvXUogJdA">https://www.youtube.com/playlist?list=PLHLn9bkDuHpzNbc_9ruLjGqwQvXUogJdA</a>			
2017 Feb	老人悟《老不得空》华语座谈会 2	NKF HQ	>8 Million	
	<a href="https://www.facebook.com/pg/OlderbutwiserMind/photos/?tab=album&amp;album_id=1361891390500357">https://www.facebook.com/pg/OlderbutwiserMind/photos/?tab=album&amp;album_id=1361891390500357</a> <a href="https://www.youtube.com/playlist?list=PLHLn9bkDuHpw5UB4H39L4n6a0tbrraSvz">https://www.youtube.com/playlist?list=PLHLn9bkDuHpw5UB4H39L4n6a0tbrraSvz</a>			Triple One Properties Pte Ltd/ NKF / Nparks Tan Ean Kiam Foundation / NAC/ Artsfund/ Piano Master
2015 Dec	Older but Wiser Photography & Paintings 2nd Exhibition at Fortcanning Park	FortCanning The Foothills 福康宁	>100	
	<a href="https://www.theveryquietstudio.asia/publications">https://www.theveryquietstudio.asia/publications</a>			
2015 Dec	老人悟《老不沉重》华语座谈会 1	NKF HQ	>200	
	<a href="https://www.youtube.com/playlist?list=PLHLn9bkDuHpy4ut-lzrA3bottcG4hz4Ob">https://www.youtube.com/playlist?list=PLHLn9bkDuHpy4ut-lzrA3bottcG4hz4Ob</a> <a href="https://www.facebook.com/pg/OlderbutwiserMind/photos/?tab=album&amp;album_id=1086470074709158">https://www.facebook.com/pg/OlderbutwiserMind/photos/?tab=album&amp;album_id=1086470074709158</a>			
2014 Jan	TVQS Older but Wiser 1st Exhibition on Singapore Street Elderly B/W film photography	NLB Central Library 中央图书馆	>300	
	<a href="https://www.theveryquietstudio.asia/publications">https://www.theveryquietstudio.asia/publications</a>			Lee Foundation/ National Library/ Green Lake Resources / 叶美皇
2014 Jan	Older but Wiser “Elderly Happiness & Dignity” English Forum 1	NLB Central Library		
	<a href="https://soundcloud.com/theveryquietstudio69/sets/english-forum-elderly">https://soundcloud.com/theveryquietstudio69/sets/english-forum-elderly</a>			



# Our Work: Programmes and Activities

**Publications:** <https://www.theveryquietstudio.asia/publications>

**Publications :**

Book publication 2nd Project started 2008 May with Khoon Chee Vihara commissioning of buddhist mahayana Master Ven Cihang's writing on 《成唯识论讲记》 (<https://www.theveryquietstudio.asia/dhamma-books>) to be published as Ebooks in simple Chinese Text format by 2010.

The second commissioning is buddhist meditation master Maha Sadhamna Jotikadhaja, Mahā kammaṭṭhānācariya Daw Dipankara Theri's book "The Happiness of a Beautiful Mind" ([www.issueu.com/tvqs](http://www.issueu.com/tvqs)) in 2014 which has since been translated to Indonesian, Chinese 《喜满禅心》, Korean and two more languages to come. It is available in printed and ebook format.

Another ebook publication is "Glimpses of Light" 《侧影之心》 [https://issueu.com/tvqs/docs/obw-ebook-050617\\_final](https://issueu.com/tvqs/docs/obw-ebook-050617_final) that collects photography, paintings, poems and translations of our first 2 years "Older But Wiser" projects. We await an opportunity to market the ebook.





### 《侧影之心》 Glimpses of Light-

The following e-book is a compilation of past Older but Wiser events held by The Very Quiet Studio from 2015 to 2017 and works written in four main languages of contemporary Singapore with English translations.

Older but Wiser seeks to preserve and promote our intangible heritage.

老人悟 - 《侧影之心》 - 电子书

这是静境镜自2015年至2017年主办“老人悟”的活动汇集电子书。此书包含新加坡四种主要语言并附有英文翻译。

“老人悟”希望保留并提倡亚洲非物质文化遗产对精神建构的重要性。

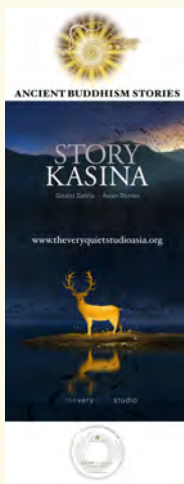
Year	Publications	Author	Print	Sponsor
2017-2020	《侧影之心》 Glimpses of Light <a href="https://issuu.com/tvqs/docs/obw-ebook-050617_final">https://issuu.com/tvqs/docs/obw-ebook-050617_final</a>	Various	E Book	NAC and more
2020	Digital Orchid Painting Exhibition at Gardens by the Bay	Various	Digital Display	Gardens by the Bay
2015-2020	《喜满禅心》(禅学) <a href="https://www.theveryquietstudio.asia/dhamma-books">https://www.theveryquietstudio.asia/dhamma-books</a>	燃灯大禅师 (上座部长老尼)	> 9500 & ebook	International donors /TVQS
2014-2020	The Happiness of a Beautiful Mind (meditation)	Mahā Kammatṭhān-ācariya Dipankara Theri	>6000 & ebook	International donors /TVQS
2008- 2010	《成唯识论讲记》 《十二门论》 《相宗十讲》 <a href="https://www.theveryquietstudio.asia/dhamma-books">https://www.theveryquietstudio.asia/dhamma-books</a> <a href="https://issuu.com/tvqs">https://issuu.com/tvqs</a>	Ven. Cihang 慈航大和尚讲解	e-book	Khoon Chee Vihara 观慈精舍 (新加坡)



# Our Work: Programmes and Activities

**Sound Sañña:** <https://www.theveryquietstudio.asia/sound-sanna>

## Sound Sañña



Sound Sañña is TVQSL 3rd project that began in 2008 Dec. As an ardent lover to good stories and asian cultural wisdom hidden and embedded in literary works, Sound Sañña sets to identify and sieve out the noble minerals hidden in the cracks of rocks. Asian stories as the main focus but enhanced through cinematic audio and story choreographed music, through the sound recording of exceptional good voice. The inaugural CD was launched in Salt Lake City, Utah USA at World Parliament of Religions Oct 2015 and a paper on the concept was well received at World People'e Organization "International Conference on Spirituality & Psychology" at Bangkok March 2016. The next collection of stories shall be in Chinese to be targeted at wider international audience but we are still seeking funds <https://youtu.be/XFABXceZ35I>

Year	Event	Production	Print	Sponsorship
2023	Asanga II	Audio Cinematic remake		CMF
2021-2022	Mousetrap 老鼠器	Chinese Stories 2nd CD in progress		CMF
2015 Oct	Launching Story Kasina at 6th Parliament of World Religions at Salt Lake City	CD Marketing		Private Donors
	<a href="https://www.theveryquietstudio.asia/sound-sanna">https://www.theveryquietstudio.asia/sound-sanna</a> <a href="https://youtu.be/XFABXceZ35I">https://youtu.be/XFABXceZ35I</a>			
2015 Mar	"International Conference on Spirituality & Psychology" in Bangkok			
	<a href="https://www.theveryquietstudio.asia/pilot-cd-story-kasina">https://www.theveryquietstudio.asia/pilot-cd-story-kasina</a>			
2008-2015	New Genre Creation Audiocinema Project – Sound Sanna on Asia Stories 亚洲声像故事计划 (6 Stories)		2000 CD	陈弃福、释空化、 黄卫众、王振辉 Lee Kum Chew
	<a href="https://www.theveryquietstudio.asia/asia-stories">https://www.theveryquietstudio.asia/asia-stories</a>			

# TVQS Timeline : Overview (click picture/links to view)

<p>Book Publication of "The Happiness of a Beautiful Mind"(Meditation)</p> 	<p>Book Publication of "The Happiness of a Beautiful Mind" translation 《喜满禅心》</p> 	<p>OBW 2nd English forum "Space for our Mental Well Being"</p> 	<p>@TTSH Atrium Four Elements Movement debut</p> 	<p><a href="#">OBW 1st interfaith forum "A Smooth Departure"</a></p> 	<p>《点灯小时间》第一集 "照猫画虎"</p> 
<p>OBW 1st English forum "Elderly Happiness &amp; Dignity"</p> 	<p>OBW 1st Chinese forum 《老不沉重》</p> 	<p>OBW 2nd Chinese forum 《老不得空》; 巫漪丽老师再现《梁祝》钢琴演奏</p> 	<p>OBW 3rd Chinese forum 《老不成荫》</p> 	<p><a href="#">OBW 2nd interfaith forum "Grief-Separation"</a></p> 	<p>《禅学》第一集 《禅学是心灵卫生的泉源》</p>  <p>《禅学》第二集 《在家里如何禅修?》</p> 
<p><b>2014</b></p>	<p><b>2015</b></p>	<p><b>2017</b></p>	<p><b>2018</b></p>	<p><b>2019</b></p>	<p><b>2020</b></p>
<p>@NLB "Older but Wiser" Film photography 1st Exhibition "Street Elderly"</p> 	<p>@ Nparks Fortcanning Hill The Foothills "Older but Wiser" Film photography &amp; Paintings 2nd Exhibition "Local Street Elderly"</p> 	<p>@TTSH "Older but Wiser" Film photography &amp; Paintings 3rd Exhibition "Local Street Elderly"; Workshop with painters</p> 	<p>@SGH Concourse Four Elements Movement</p> 	<p>International Conference for Cohesive Societies - TVQS Wind Element Performance</p> 	<p><a href="#">A tribute to Singapore Healthcare workers Opencall</a></p> <p>Orchid Resilience - Digital Display at Gardens by the Bay</p> 
<p><a href="#">Publication of Story Kasina CD:</a> <a href="#">Launching of CD at 6th Parliament of World Religions at Salt Lake City</a></p> 	<p>"Glimpses of Light" 2014-2017 OBW Publication in production</p>		<p>庄子《知北游》杨帆演说、王言演奏</p> 	<p>5 Elements Movement - Space Element Song &amp; Lotus on Fire Song, completion</p>	<p>"Glimpses of Light" Publication</p> 

# TVQS Timeline : Overview (click picture/links to view)

<p>：Jj Y9`Ya Ybfg`Aqj Ya YbhUg`U: J`a` DfcXi Wjcb`dfYa JfYX`Uh, h` DUf`]La YbhcZK c`X`FY`][ jcbg` cb`]bY; subsequently it is released online for our first ticketed viewing after Water Element is completed. 44min length</p>    <p>5EM was presented at NUS CHS 云茂潮文化讲座 SEP 2022</p>		<p>TVQS applied and received Community Foundation of Singapore Sayang Sayang Fund (a special fund during covid) for its workshop CAMRE Connecting Arts and Mental Resilience Exploration</p>  <p>2022 Workshop 1 &amp; 2 consists of Taiji, Meditation and Classics recital</p>	<p>2023 Workshop 3 has Nagomi and Meditation Class and just Meditation session run at Marine Terrace Breeze RC</p>	<p>《禅学》第三集 禅学背后的心法</p> 	
<p>2021</p>	<p>2022</p>	<p>2022</p>	<p>2023</p>	<p>2024</p>	<p>2025</p>
<p>5EM entered for international film festivals and was awarded at Tokyo Film Awards Honorable Mention; Bhutan International Film Festival as Outstanding Film, it won in 2023 Tagore International Film Festival Outstanding Film and Swedish Academy of Motion Picture Award as Best Film on Religion</p>  			<p>The 4th workshop has Raga conducted by Dr Ghanavenothan Retnam followed by meditation conducted by WeiChin. Plus another separate session with only meditation.</p> 		
					



# Governance

## NOTES

The Very Quiet Studio Ltd is a charity with gross annual receipts or total expenditure of not more than \$50,000.

### Term Limit of Board

All members of the board are renominated in 2023 in accordance of Code of Governance.

### Board Meetings and Attendance

A total of one Board meeting and one AGM were held during the financial year. The following sets out the individual Board member's attendance at the meetings:

AGM Date: 26 June 2024

General Meeting: 2 Dec 2023

Names of Board members	% of attendances
Ng Wei Chin	100%
Leong Lai San	100%
Ghanavenothan Retnam	100%
Huang JinYi Elizabeth	100 %

### Disclosure of Remuneration and Benefits received by Board Members

No Board members are remunerated for their Board services in the financial year except for Executive Director. The Board has agreed to let the Youtube advertisement revenue full amount be paid as Consultant fee to Ng Wei Chin, as long as there is a continuous revenue.

Names of Board members	Amount of remuneration and benefits for the financial year 2023 (\$)
Ng Wei Chin (Exe. Director capacity)	S\$ 12874